

Department of Public Health
and Human Services

Section:
DIRECTORIES

SUPPLEMENTAL NUTRITION ASSISTANCE
PROGRAM (SNAP)

Subject:
Nutrition Education Programs

Supersedes: FS 1704-1 (04/01/03)



GENERAL RULE -- The Supplemental Nutrition Assistance Education Program (SNAP-Ed) provides SNAP eligible participants with information and education opportunities. The classes offered will help develop skills and behaviors leading to improved nutritional and overall well-being. Classes will also provide increased ability to manage food resources in order to move toward a more self reliant lifestyle. SNAP-Ed is a Montana State University Extension Service program managed through a contract with DPHHS with Coleen R. Kaiser, MS, RD, LN as the Extension Nutrition Education Coordinator.

As noted above, SNAP-Ed focuses on food resource management, healthy meals, basic food preparation skills, and the importance of physical activity for overall health. The skills taught in the program sessions related to food, food safety and food preparation also can provide work skills preparation in appropriate circumstances. Each lesson or demonstration includes issues such as cost, time, preparation skills and planning with an emphasis on how this critical area of family life can blend with work schedules.

Another program administered by MSU Extension Service is the **Expanded Food and Nutrition Education Program (EFNEP)**. It offers many of the same services as under SNAP-Ed. However, the population served is slightly different. EFNEP participants must have children in the household and are not required to be receiving SNAP benefits in order to receive EFNEP services.



CONTACTS:

SNAP-Ed maintains 13 projects serving 18 counties. To make a referral please contact the appropriate entity.

EFNEP maintains two units (Missoula and Yellowstone Counties.) These units are designated with a (**) after the county name. This means there must be a child in the home before a referral can be accepted.

COUNTY

PHONE NUMBER

Big Horn

665-9774

Blaine

357-3200 Ext. 2

Custer

874-3370

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Dawson	874-3370
Deer Lodge	782-1455
Flathead	758-2448
Flathead Reservation	675-2700 Ext 1212
Fort Belknap Reservation	353-2656
Hill	265-5481 Ext. 233
Lake	676-4271
Lincoln	293-7781 Ext 211
Mineral	822-3545
Missoula (**)	258-4208
Ravalli	375-6609
Roosevelt	787-5312
Rosebud	346-7320
Sanders	822-3833
Silver Bow	782-1455
Treasure	346-7320
Yellowstone (**)	869-3546

Staff is encouraged to refer participants of all ages and backgrounds to available resources. Strengthening an individual's knowledge of nutritional issues and food resource management will allow them to stretch their food dollars, improve their diets and enhance their overall well being and often times that of the family as well. Such referrals are not mandatory but should be provided when individuals express an interest or it appears further information may be of assistance to the household.

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